# ANNA O

freud worked with breuer during her treatment in 1880-82

Case study: anna o

suffered from hysteria whilst caring for dying father. symptoms included:

* anxiety, paralysis,
* amnesia, hallucinations
* Fear of drinking

breuer treated Anna o by having her talk about her problems. She dubbed this the “talking cure”.

Freud adapted this technique when treating his own patients into what he called “free Association” in the 1890’s

Anna O


[Anna O's Life and Impact on Psychology](https://www.verywellmind.com/who-was-anna-o-2795857" \o "ctrl click)